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Anderson, Peter J. (2015). Seneca: selected dialogues and consolations. Indianapolis; Cambridge, Hackett Publishing Company, Inc.

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This volume presents a selection of Seneca's dialogues and consolations. It is composed of introduction, the translations of selected Seneca's dialogues and consolations, biographical information of key individuals, glossary of Latin words, and index of historical persons. The five parts of the book are thus briefly described and evaluated below.

The Introduction is divided into eleven subsections. In the first sub-section, Anderson presents



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a well-written account of Seneca's life (p. xi- xiii). Concerning the philosopher's exile after his implication in an adulterous affair with Julia Livilla, Anderson points out that almost all ancient sources consider Seneca not guilty. A weak point in this argument is that Anderson does not mention the referred primary historical sources, which would be useful to the reader.

The next sub-section deals with the literary qualities of Seneca's philosophical writings. Anderson correctly points out that literary form and philosophy are, in Seneca, two sides of the same coin, noting that, through these writings, Seneca is simultaneously aiming at showing literary excellence and at philosophically persuading the reader.

In the third sub-section ("A note on the translations"), Anderson discusses the difficulties to render Seneca's dialogues in English. In order to achieve this, the translator – based on Lindsay's Oxford classical text – tries to replicate Seneca's prose, consistently rendering the following six key words: *animus* as "spirit", *mens* as "mind", *virtus* as "virtue", *otium* as "retirement", *bonum* as "good" and *malum* as "bad".

The next sub-section examines the interplay between Seneca and Stoicism. In the historical account of the Stoic school, however, Anderson does not mention Diogenes of Babylon. Some information about him should be provided, as he was the first Stoic philosopher in Rome, being sent to the Eternal City (together with the Academic Carneades and the Peripatetic Critolaus) in 155 BC to appeal a fine, and to deliver public lectures on Greek philosophy,



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Aldo Dinucci: 'Anderson, Peter J. (2015). *Seneca: selected dialogues and consolations*, Indianapolis; Cambridge, Hackett Publishing Company, Inc.', p. 337-340 which much impressed the Romans (cf. Aulus Gellius, *Attic Nights*, vii. 14; Cicero, *Academica*, ii. 45).

After the historical account, Anderson makes two important assertions: in the first place, in Seneca's time, Stoicism was a "holistic practice of a set of principles and belief" (p. xviii), which is in marked contrast to the contemporary conception of philosophy; secondly, there are centuries of other philosophers' reflections behind Seneca's arguments.

The next sub-sections present and clarify the following Stoic reflections and concepts that underlie Seneca's philosophical works: the concept of a providential and living god (p. xx), the celebrated expression "to live according nature", the idea that each person is responsible for her or his actions through the rational capacity and the use of impressions (*phantasiai*), the concept of *oikeoisis* (p. xxii), and the indifferents (*adiaphora* - p. xxiii).

In this latter sub-section, Anderson correctly notes that, for the Stoics, things as wealth (which was the same of Seneca's case) and poverty are indifferent and, therefore, cannot guarantee happiness (p. xxiv), which is an important thing to note, as sometimes Seneca's wealthy is regarded as inconsistent with his claims of being a Stoic. In fact, for the Stoics, wealthy can be used for the good or for the bad, as everything else which is indifferent.

The introduction ends with three informative sub-sections: the dating and the addresses of the dialogues and consolations, and a further reading sub-section.



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Aldo Dinucci: 'Anderson, Peter J. (2015). *Seneca: selected dialogues and consolations*, Indianapolis; Cambridge, Hackett Publishing Company, Inc,' p. 337-340 Anderson translates the following Seneca's works: "On providence", "On the resolute nature of the wise man", "Consolation to Marcia", "On the happy life", "On retirement", "On serenity of the spirit", "On the shortness of life", "Consolation to Polybius", "Consolation to his mother Helvia". The subtitles of these works are the original and correspondent ones in Latin. My only suggestion with regard to the translation of the titles is the rendering of *De constantia sapientis* as "On the resolute nature of the wise man", which would be better translated as "On the firmness of the wise man".

Anderson's translations of Seneca's selected works are sound. Elucidative footnotes, mainly concerning individuals and historical facts mentioned by Seneca, are supplied. The book ends with biographical information for key individuals, a glossary of Latin words and an index of historical persons.

In summary, the book provides good translations and plenty information concerning Seneca's dialogues and consolations. Thus, it is an excellent tool for students and teachers of Latin literature and Stoic philosophy.

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